



PMU Brows and Tattoo Aftercare Instructions

First 24 hours after appointment:

- Keep the area clean and dry. Gently blot any lymph fluid with a clean tissue — do not rub.
- Do not touch the treated area with unwashed hands.
- Avoid water, sweat, steam, and makeup directly on the area.

Days 2-7:

- Gently wash the area once daily with mild, unscented cleanser and cool water. Pat dry with a clean towel.
- Apply a thin layer of recommended healing ointment (if advised) using clean hands or a cotton swab.
- Do not pick, scratch, or peel any flaking skin — this can remove pigment and cause scarring.
- Avoid swimming, saunas, tanning, and heavy sweating.

Days 7-14:

- The area may feel slightly dry or itchy as it heals — this is normal.
- Continue avoiding direct sun exposure and exfoliating products.
- Do not apply makeup, oils, or heavy creams over the area until fully healed.

Long-term care:

- Always use SPF on the healed area to prevent fading.
- Avoid chemical peels, laser treatments, or exfoliation directly on the tattoo or PMU.
- Results may vary based on skin type, lifestyle, and aftercare consistency.
- Touch-ups are recommended after full healing (typically 6–8 weeks).

Remember: Proper aftercare is essential for optimal healing and pigment retention. If you experience signs of infection (excessive redness, swelling, or discharge), contact your artist or healthcare professional immediately.